

# Department of

SENIOR PROGRAMS AND SERVICES

2023 Executive Proposed Budget

# Core Programs & Functions

- 1. ACCESS SERVICES:** Case Management, Escort-Assisted Transportation, Health Insurance I & A and Counseling, Hunger Relief & Food Insecurity Programs, Information and Assistance, NY Connects I&A and Person Centered Counseling, Public Information & Transportation
- 2. NUTRITION PROGRAMS:** Congregate Meals, Farmer's Market Program, Health Promotion with Exercise Programs, Home Delivered Meals, Nutrition Counseling & Education
- 3. IN-HOME CONTACT & SUPPORT SERVICES:** Homemaker/Personal Care Services, Housekeeper/Chore Services, In-Home Ancillary Services, Personal Emergency Response Systems, In-Home Contact and Support & Participant Directed Services for Home Care
- 4. SUPPORTING CAREGIVERS:** Caregiver and Relative Caregiver Counseling, Support Groups & Training, Caregiver and Relative Caregiver Information & Assistance, Caregiver Public Information, Caregiver Resource Centers, Personal Locator Services, Respite & Social Adult Day Care

# Core Programs & Functions continued

5. **ACTIVITIES FOR HEALTH, INDEPENDENCE & LONGEVITY:** Foster Grandparent Program, Intergenerational Programs, Senior Center Recreation & Education, Special Events & Volunteer Programs
6. **DISEASE PREVENTION & HEALTH PROMOTION:** Cancer Screenings & Education, Chronic Disease Self-Management Programs, Disease Prevention Programs, Integrated, Evidence-Based & Sustainable Participant Directed Services & Telehealth Services
7. **ELDER JUSTICE PROGRAMS:** Elder Abuse Education and Intervention Programs, Guardianship & Legal Assistance
8. **SUPPORTING AGING IN PLACE – Age Friendly Westchester:** Livable Communities Education, Livable Communities Outreach and Public Information

# Budget Summary

ITEM	2022	2023
Operating Positions	1	1
Trust Positions	35	36
<b>TOTAL POSITIONS</b>	<b>36</b>	<b>37</b>
Personal Service	\$5,915,545	\$6,306,635
Equipment	\$0	\$0
Materials & Supplies	\$579,241	\$534,453
Contractual Expenses	\$12,041,135	\$11,380,957
Inter-Departmental Charges	\$928,272	\$981,639
<b>TOTAL EXPENDITURES</b>	<b>\$19,464,193</b>	<b>\$19,203,684</b>

# Budget Summary

ITEM	2022	2023
Inter-Departmental Revenue	\$290,720	\$290,720
Departmental Revenue (includes citizen contributions, nutrition supplement and contractor match)	\$2,351,756	\$2,098,199
State & Federal Aid	\$12,526,040	\$11,865,970
<b>TOTAL REVENUE</b>	<b>\$15,168,516</b>	<b>\$14,254,889</b>
<b>DEPARTMENT TAX LEVY</b>	<b>\$4,295,677</b>	<b>\$4,948,795</b>
Total Revenue + Tax Levy	\$19,464,193	\$19,203,684

# COVID-19 Response:

- ARPA FUNDING total of \$3,422,483 for the period of 4/1/2021 through 9/30/2024:
  - SSC6 \$1,105,496 for Supportive Services : Elder abuse prevention/counseling; Victim's assistance/crime and safety; Information Ride Connect/ Mobility Management; In-Home Contact & Support/telephone reassurance; Public Information/Newsletter
  - CMC6 \$723,377 and HDC6 \$1,082,705 for Nutrition Services: meals, grocery delivered bags/consumable supplies, kitchen equipment/supplies
  - PHC6 \$111,293 for Health promotion/initiative
  - FCC6 \$399,612 for Family Caregiver Support program: Caregiver coaching/Connection Program
- Additional responsibilities- staffing of Vaccine clinics, coordinating homebound vaccine program, Disaster Recovery Center support as a result of Hurricane Ida, variety of additional supportive services for seniors and caregivers to allow them to remain sheltered in place; i.e. shopping (shop and drop), medication delivery, medical transportation. Social Isolation reduction via telephonic supports, implementation of technology; iPad, and robotic pets distribution.
- Impact on department services- Departmental staff has met and continues to meet these ongoing challenges and adapt to the changing needs. Services have continued throughout the pandemic.

# New Initiatives & Highlights

## **Living the Later Years Newspaper**

- The DSPS Living the Later Years Newspaper is distributed quarterly to over 141,000 Westchester households. The paper provides information on federal, state and county policies, serves as an important medium for learning about DSPS activities, events, and provides a wealth of useful information that assist readers with their daily lives and offer news of importance to our communities. Seniors with or without the benefit of technology are kept informed.

## **Essentials of the SMART Phone**

- Virtual and face-to-face education forums on using the SMART phone for more than making calls. Participants learn how to order groceries on line, take photos, make notes, select most economical plans. Manual development in process that will offer step –by-step guide on each option utilized.

## **StoryBoom**

- Livable Communities Collaboratives focus on stories told by selected senior authors who share their memoirs at an annual event attended by the public .

## **Cares Connection**

- A collaboration between the DSPS and credentialed Caregiver Navigator to assist caregivers and their loved ones. Four components of the program work to provide help for the caregiver: Caregiver Navigation; Caregiver Education Forums; Assistive devices and equipment for care recipients and Caregiver Care baskets.

# New Initiatives & Highlights continued

## **Livable Communities Caregivers Coaching + Program**

- The program prepares volunteers for an enhanced “good neighbor” role as Caregiver Coaches, they are people who provide support and information to family caregivers. Uniquely, this program uses the telephone as its communication platform, which makes it adaptable to all situations and geographies. We have expanded the curriculum to cover COVID-19 resources and valuable information and tips on social isolation and loneliness.

## **Telehealth-TIPS-IN-Touch Program**

- Modeled after the Telehealth Intervention Programs for Seniors (TIPS) that delivers remote patient monitoring targeting seniors with high health risk and access to a variety of social services or wrap around services for older adults. We are now offering TIPS In-Touch a telephone reassurance and Social Support program to keep seniors connected to health resources.

## **Telehealth-TIPS -at- Home Program**

- Telehealth at Home Program is designed for home-bound or sheltering-in-place seniors in response to the Covid19 pandemic. The goal is to remotely track and monitor participants using telehealth equipment. Participants are trained to use equipment and they provided a continuous link to telehealth nurse through regular tracking of symptoms and physiologic data while at home.

## **Health for Life Programs (HeLP) LIVE Workshop (Virtual)**

- These free online and face-to-face workshops are offered by Westchester County Department of Senior Programs and Services for older adult residents and their caregivers. The workshop meets once a week for 6 weeks. It is highly interactive with plenty of opportunity to connect with others and learn to better manage your health. Workshop sessions are scheduled at day and time convenient to participants. Six versions are offered: Chronic Disease Self-Management Program; Pain Management Program; Tomando Control de Salud, offered in Spanish, Building Better Caregivers, Workplace Wellness and Diabetes Management Program.